FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-028
	Estimated average burd	en
Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934	hours per response:	0.9

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COWLES DONALD T						2. Issuer Name and Ticker or Trading Symbol TREDEGAR CORP [TG]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
,					3. Da	Date of Earliest Transaction (Month/Day/Year)								X	Office below	er (give title		10% O Other (below)	(specify
(Last) (First) (Middle) 306 LOCK LANE					03/3	03/31/2004									belov	N)		below)	
(Street)	OND VA	. 2	3226		4. If	Amer	ndment,	Date o	f Original	Filed	(Month/Da	ay/Year)		6. Indi Line)	Form	r Joint/Group n filed by One	e Reportir	ng Pers	on
(City)	(Sta	ate) (2	Zip)												Form Pers	n filed by Mor on	e than O	ne Rep	orting
		Tabl	e I - Nor	n-Deriv	ative	Sec	uritie	s Acc	quired,	Dis	posed o	f, or E	Benef	icially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date			3. Transaction Dispose Code (Instr. 8)						Securi Benefi Owned	cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)	or F	rice		action(s) 3 and 4)			(Instr. 4)
Tredegar Common Stock			03/31	/2004				A		100		A \$14.63			1,400				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any		Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		Der Sed (Ins	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Form Direc or In (I) (Ir	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numb of Share	er					

Explanation of Responses:

Remarks:

Patricia A. Thomas, Attorney-

** Signature of Reporting Person

In-Fact

04/01/2004

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.