FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								
	Estimated average burd								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* COTHRAN PHYLLIS							2. Issuer Name and Ticker or Trading Symbol TREDEGAR CORP [TG]									tionship of Reportin all applicable) Director		g Person(s) to Issuer 10% Owner	
(Last) (First) (Middle) 10 SOUTH WILTON						3. Date of Earliest Transaction (Month/Day/Year) 03/31/2004									Offic below	er (give title w)		Other (specify below)	
(Street) RICHMC (City)			23226 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Forn	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son			
		Tabl	e I - Nor	n-Deriv	ative	Sec	curitie	s Ac	quired	Dis	posed o	f, or E	3ene	ficially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution			n Date,	Code	4. Securi Dispose (Instr. 5)					Secur Benef	icially d Following	6. Owne Form: D (D) or In (I) (Instr.	irect direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount	(A) (D)	or	Price	Trans	action(s) 3 and 4)			(11311. 4)		
Tredegar Common Stock 03/31						/2004		A		100	_	A	\$14.63	1	8,200	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date or Exercise (Month/Day/Year) if any			Date,	Date, Transactio Code (Inst				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title Amour Securi Under Deriva Securi and 4)	nt of ties lying tive ty (Ins	De Sei (In:	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber					

Explanation of Responses:

Remarks:

Patricia A. Thomas, Attorney-

** Signature of Reporting Person

In-Fact

04/01/2004

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.