FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burd	en						

0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act or Section 30(h) of the Investment Company Act of 1940	of 1934	P OMB Numb	average burden
1. Name and Address of Reporting Person* COWLES DONALD T	2. Issuer Name and Ticker or Trading Symbol TREDEGAR CORP [TG]	5. Relation (Check a	onship of Reporting Pe all applicable) Director	erson(s) to Issuer
(Lact) (Firet) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)		Officer (give title below)	Other (spec

,														_	Λ	Office			Other (specif	
(Last)	(Fi	rst) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/30/2004										Officer (give title below)			below)	
500 LOC	LANE				4. If	Amer	ndment	, Date o	f Original	Filed	(Month/Da	ay/Ye	ar)	6	. Individ	dual o	r Joint/Group	Filing (Ch	eck A	pplicable
(Street)											`		·	Li	ine) X	Form	i filed by One	Penortina	Ders	on.
RICHMO	OND V	A 2	23226											Form filed by More than One Reporting Person						
(City)	(St	ate) (Zip)														-			
		Tab	e I - Nor	ı-Deriv	ative	Sec	uritie	s Acc	quired,	Dis	posed o	f, o	r Ben	eficia	ally C)wne	ed			
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Ye		Execution Date,		Transaction Disposed Of Code (Instr. 5)			ties Acquired (A) o l Of (D) (Instr. 3, 4			4 and Secur Benef		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price	. -	Transa	action(s) 3 and 4)			(1113411. 4)
Tredegar	Common Stock			06/30/2004		1			A	A			A \$		6.13		1,500	D		
		Та	able II - C								sed of, onvertib				y Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date, Transacti Code (Ins					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		estr. 3	<u> </u>		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form: Direct or Indi (I) (Inst	(D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V		V					Expiration Date	Title	or Nui of	ount mber						

Explanation of Responses:

Remarks:

Patricia A. Thomas, Attorney-

** Signature of Reporting Person

In-Fact

07/02/2004

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.