FORM 4

to Section 16. Form 4 or Form 5

obligations may continue. See

Instruction 1(b).

Check this box if no longer subject

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB Number: 3235-0287 Expires: January 31, 2005 Estimated average burden hours per response. . .0.5

OMB APPROVAL

Filed By Romeo and Dye's Section 16 Filer

www.section16.net

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of R			ne and Ticker or Tra	ding Syr		6. Relationship of Reporting Person(s)						
	"					to Issuer (Check all applicable)						
Goodrum, Richard W.						X Director 10% Owner						
(Last) (First)	e) [3	3. I.R.S. Identification Number				ement for	_ Officer (give title below)	_ Other (spec	cify below)			
	c	of Reporting Person,				/Day/Year						
13902 Turnberry Court	ļi	if an entity (voluntary)			03/31/0	03						
(Stree						mendment,	7. Individual or Joint/Group Filing (Check Applicable Line)					
					f Original	✓ Form filed by One Reporting Person						
Midlothian, VA 23113					(Montl	n/Day/Year)	Form filed by More than One Reporting Person					
(City) (Stat		Table I — Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Security	2. Trans-	2A. Deemed	3. Trans	-	4. Securities Acquir	ed (A) o	r Disposed of	5. Amount of	6. Owner-	7. Nature of Indirect		
(Instr. 3)	action	Execution	action		(D)			Securities	ship Form:	Beneficial		
Date Date, (Month/ if any		Code (Instr. 3, 4 & 5) (Instr. 8)					Beneficially	Direct (D)	Ownership			
							Owned Follow-	or Indirect	(Instr. 4)			
	Day/ Year)	(Month/Day/	Code	V	Amount	(A)	Price	ing Reported Transactions(s)	(I)			
	<u> </u>	Year)				or		(Instr. 3 & 4)	(Instr. 4)			
						(D)						
Fredegar Common	03/31/03		A		100	A	\$11.9	5 284,162	D			
Stock												
D	1	C11	C	•.•	1 (* * 11	1 11 .1	. 11	<i>'</i>	,	,		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number

FORM 4 (continued) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			•	0,1		, T								
1. Title of	2. Conver-	3.	3A.	4.	5. Number of D	erivative	6. Date		7. Tit	tle and Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	sion or	Trans-	Deemed	Trans-	Securities Acqu	iired (A) or	Exercis	able	of Ur	nderlying	Derivative	Derivative	Owner-	of Indirect
Security	Exercise	action	Execution	action	Disposed of (D))	and Exp	oiration	Secu	rities	Security	Securities	ship	Beneficial
	Price of	Date	Date,	Code			Date		(Insti	r. 3 & 4)	(Instr. 5)	Beneficially	Form	Ownership
(Instr. 3)	(Instr. 3) Derivative		if any		(Instr. 3, 4 & 5)		(Month/Day/				Owned	of	(Instr. 4)	
	Security		(Month/	(Instr.			Year)					Following	Deriv-	
			Day/ Year)	8)								Reported	ative	
		^										Transaction(s)	Security:	
												(Instr. 4)	Direct	
													(D)	
				Code	(A)	(D)	Date	Expira-		Amount or			or	
							Exer-	tion		Number of			Indirect	
							cisable	Date		Shares			(I)	
		1	l	1 1					1 1				(Instr. 4)	1 1

Explanation of Responses:

By: /s/ Richard W. Goodrum Richard W. Goodrum

**Signature of Reporting Person

04/02/03

Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**}Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).